



2011 USATF **REGION X** JUNIOR OLYMPIC CROSS COUNTRY CHAMPIONSHIPS

Date November 19, 2011
Site DeKoevend Park
 6315 South University Boulevard
 Centennial, CO 80121

The course is mostly dirt & grass with minor hills.. There will be course walks from 2:00-4:00 P.M. Friday, and 8:30-9:30 A.M. Saturday November 19th

Meet Head Quarters Hyatt Place Denver South/Park Meadows. See Below. Packet pick-up will be Friday November, 18, 6:00 pm until 9:00 P.M. at the hotel.

Saturday November 19, packet pick-up will be at the DeKoevend Park Pavilion, starting at 7:30 A. M.

Course maps will be available at the hotel, and park.

Entry Deadline On-line entry deadline is Midnight (Mountain Time), Monday, **November 14th**.

Entries: \$15 per athlete

Online meet registration

http://usatfregistration.com/meet/entry/co_usaxregion10/

Awards Junior Olympic medals will be awarded to the top 20 finishers in each age group. The top three teams in each age group will receive a plaque.

Age Division	Distance	Time
Sub Bantam (born 2003+*)	2 km (1.24 miles)	Boys/Girls - 9:30am
Bantam (born 2001 - 2002)	3 km (1.86 miles)	Girls - 10:00am Boys - 10:30am
Midget (born 1999 - 2000)	3 km (1.86 miles)	Girls - 11:00am Boys - 11:30am
Youth (born 1997 - 1998)	4 km (2.48 miles)	Girls - 12:00pm Boys - 12:30pm
Intermediate (born 1995 - 1996) Young (born 1993 - 1994*)	5 km (3.1 miles)	Inter Girls & YW- 1:00pm Inter Boys & YM - 1:45pm

* Rule 300.1c Athletes must be at least seven (7) years of age on December 31st of the current year to compete at the Youth Athletics or Junior Olympic National Championship.

Schedule time is approximate and is subject to change, Races may begin 15 minutes before or after scheduled start.

HOST HOTEL INFORMATION:

Hyatt Place Denver South/Park Meadows
9030 E. Westview Road
Lone Tree, CO 80124

http://www.denversouth.place.hyatt.com/hyatt/hotels/place/index.jsp?src=agn_dtc_hp_lc_lb_gplaces_denzs

Special pricing is available for a limited amount of rooms and **expires Nov, 10, 2011**.

Room rate include a free breakfast which includes fruit, cereals, hot cereal, juices, etc.), free WI-FI.

Please call the hotel at **1-877-540-3719** and use **Group Code XC11** to get the special price of **\$69** per night. (Price does not include tax and room service)

ADDITIONAL HOTELS: (within 1 mile of the meet headquarters)

8752 South Yosemite Street
Lone Tree, CO 80124
(303) 662-1511
www.extendedstayamerica.com

7820 Park Meadows Drive
Littleton, CO 80124
(303) 649-1010
www.ichotelsgroup.com

**2011 USATF NATIONAL
JUNIOR OLYMPIC CROSS COUNTRY
CHAMPIONSHIPS**

The National Championships will be held on Saturday, December 10th at Whispering Pines Golf Course, Myrtle Beach, SC. The top 20 athletes and 3 teams at the Region X Championships will qualify for the National Championships. Information is available at: <http://www.usatf.org/events/2011/USATFJuniorOlympicXCChampionships/>