



## Fort Collins Track Club Invitational

**DATE:** Saturday, June 12, 2010  
**TIME:** 8:00 a.m.  
**LOCATION:** French Field, Rocky Mountain High School, Fort Collins, Colorado  
 I-25 to Harmony; west on Harmony to Shields; right on Shields (north) approximately 1.5 miles to Swallow; left on Swallow and RMHS will be on your right. Parking will be at east and west side of school.

**FACILITY:** 400M all weather surface  
**TIMING:** Fully Automatic Finish Lynx  
**SPONSOR:** Fort Collins Track Club  
**SANCTION:** USA Track & Field  
**AWARDS:** Medals 1<sup>st</sup>-3<sup>rd</sup>, Ribbons 4<sup>th</sup> - 6<sup>th</sup>  
**ENTRY FEES:** **Pre-registered entry fee is \$5.00 per event, \$20.00 per relay; meet day entries are \$6.00 per event, \$24.00 per relay.**  
**REGISTRATION:** Pre-registration due by Thursday, June 10<sup>th</sup>.  
**ELIGIBILITY:** Competition is open to all USAT&F member athletes. Membership will be available at the meet.

### EVENT LIMITATIONS:

Bantam (3 event limit)	(10 & under)	100/200/400/800/1500/400R/1600R/HJ/LJ/SP
Midget (3 event limit)	(11-12)	100/200/400/800/1500/3000/80mh/400R/1600R/HJ/LJ/SP/DIS
Youth (4 event limit)	(13-14)	100/200/400/800/1500/3000/100mh/200mh/400R/1600R HJ/LJ/TJ/SP/DIS/PV
Intermediate (4 events)	(15-16)	100/200/400/800/1500/3000/100mh/110mh/400mh/400R 1600R/HJ/LJ/TJ/SP/DIS/PV
Young M&W (4 events)	(17-18)	same as intermediate +5000M run for the men
Open & Masters (4 events)		same as Young men & women

**AGE AS OF DECEMBER 31, 2010;** all athletes must compete in their own age division and compete in events listed for their age group only.

### SCHEDULE OF EVENTS

#### TRACK

First call 7:30  
 8:00 1500 M Run  
 8:30 80M/100M/110M Hurdles  
 9:15 400 M Relays  
 10:00 400 M Dash  
 11:00 100 M Prelim.  
 12:00 LUNCH BREAK  
 12:30 800 M Run  
 1:15 100 M Finals  
 1:45 200M/400M Hurdles  
 2:30 200 M Dash  
 3:30 3000/5000 M Run  
 4:15 1600 M Relays

#### FIELD

First call 8:00a.m, first events start at 8:30.  
**LJ**(BB,BG,MB,MG) **HJ**(YB,YG) **SP**(BB,MB,YB)  
**LJ**(YB,YG)**HJ**(BB,MB)**SP**(BG,MG,YG) **PV**(ALL)  
**LJ**(IB,IG)**HJ**(IB,YM,OM)**SP**(IG,YW,OW)  
**LJ**(YM,OM,YW,OW) **HJ**(BG,MG)**SP**(IB,YM,OM)  
**HJ**(IG,YW,OW)**DIS**(ALL FEMALE)  
**TJ**(ALL MALE) **DIS**(ALL MALE)  
**TJ**(ALL FEMALE)